



First Unitarian Portland  
*Order of Service*

Sunday, October 13, 2024 | In-person or [Livestream](#) | 10:15 a.m.  
Summer 2024 Spiritual Theme: "Rest, Renew, Reflect"

<b>Gathering Hymn — #126</b>	"Come, Thou Fount of Ev'ry Blessing"	
<b>Welcome</b>		Rev. Thomas Disrud
<b>Blessing our "UU the Vote" Letters</b>		Rev. Alison Miller
<b>Chalice Lighting</b>		UU the Vote Arizona Volunteers
<b>Anthem</b>	"Bashana Haba'ah" John Leavitt	Chancel Choir Dr. Braeden Ayres, Conductor
<b>Call to Worship</b>		Danielle Garrett, Assistant Minister
<b>Responsive Reading</b>	"How Does One Address a Mystery" Gordon B. McKeeman	
<b>Doxology</b>		
<b>Lay Minister Installation</b>		Rev. Disrud
<b>Offertory</b>	"Vespers" — Dobrogosz	Joe O'Donnell, organ
<b>Pastoral Concerns &amp; Prayers</b>		
<b>Silent Meditation</b>		
<b>Hymns — #83</b>	"Winds Be Still"	
<b>Reading</b>	"The Way It Is" — William Stafford	Rev. Disrud
<b>Anthem</b>	"Hold Me, Rock Me" Brian Tate	
<b>Sermon</b>	"These Things Remain"	Danielle Garrett
<b>Prayer</b>		
<b>Hymn — #194</b>	"Faith Is a Forest"	
<b>Benediction</b>		
<b>Postlude</b>	"Rigaudon" — André Campra	

# A Glimpse of Upcoming Gatherings

Subscribe to our weekly "Front Steps" for FULL church updates, links, events, and special information: [tinyurl.com/enews-signup](http://tinyurl.com/enews-signup).

## Happening Sunday 10/13/2024

- **Newcomers!** Please join us right after the service // Gather at the "Welcome Circle" sign at the Sanctuary's front right corner
- **"Souper Sunday":** Enjoy a light soup lunch in Fuller Hall right after the service and then join one of our Circles:
  - **Community Circles Drop-In:** // Buchan Bldg. B-101
  - **Parent Community Circles:** // Daisy Bingham
  - **Listening Circles:** (for those who have not already attended one) // Gather in the Buchan Bldg. B-302
- **Free Parking Every Sunday** in the U-Park across the street until 4p. First-come first-serve
- **Childcare 6mo-3yrs:** Location: A103 Nursery
- **Social Hour:** This Sunday we will be in Fuller Hall

## Shower Project Needs Clothes & Toiletries

Your donations of these specific items will make a big difference in the lives of those we serve. Thank you for your support!

- 1 gallon of body wash
- Sleeping bags
- Mens long pants/jeans
- Sweatshirts and sweatpants all sizes
- Mens sneakers all sizes

Items can be left in the COHHO bins in Fuller Hall.

## Recurring Workshops, Classes & Open Gatherings

- Art Wall Exhibition:** Come down to Fuller Hall and enjoy a wide variety of art each month!
- Loving Kindness Meditation:** [resumes on Zoom](#) Mondays, from 8-8:30p.
- Caregivers Support Group:** Open to Newcomers. Fourth Sunday of each month at 9a [via Zoom](#).
- First Steps:** First Sunday of most months @12:15p in Channing.
- Friday Vesper Services:** from 5 - 5:40p [via Zoom](#).
- Mental Health Caregivers Group:** Second Wednesdays every month via Zoom 7-8:30p. [Email](#).
- "T" Time: A Trans, Nonbinary, & Gender-Expansive, Exclusive Gathering:** meet on the 2nd and 4th Sundays in Channing Room after the service.
- Alliance Presents...** Every first Wednesday of the month @10:30a in Eliot Chapel.
- Labyrinth:** First Sundays of the month in Fuller Hall (beg



**DONATE**

Navigate to the [Front Steps](#) or [Church Calendar](#) for more information on gatherings: [beacons.ai/firstupdx](http://beacons.ai/firstupdx)

[Your donations support the work of this church.](#)

Thank you! Please feel free to add a note to direct your donation to a specific effort.

### Need help locating a room?

Ask an usher with a red name tag! They'd be happy to help.

### Your group still meeting during the summer?

Contact [communications@firstunitarianportland.org](mailto:communications@firstunitarianportland.org)

**Chancel flowers this Sunday are given in celebration of Mathilda (Tilly) Copeland's first birthday.**

### Our Mission

First Unitarian aims to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

### Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, & inclusion.

### Shared Plate Plate

For the month of October, we share our plate with the Unitarian Universalist Association's Disaster Relief Fund. The scale of destruction in the wake of Hurricane Helene has been utterly devastating to many communities in the southeastern United States. Some Unitarian Universalist congregations have been seriously impacted and others are still trying to assess the damage.