



2024 Spiritual Theme: "Join the Journey"

*Gathering Hymn #188	"Come, Come Whoever You Are"	
Welcome		Rev. Thomas Disrud
Chalice Lighting		Neha and Mira Weller-Filz
Call to Worship		Rev. Alison Miller
Anthem	"Come Travel with Me" Scott Farthing	Chancel Choir/Garrett Bond, Director
RE Leader Installation & Blessing		Rev. Leah Ongiri, Dir. of Lifespan Formation & Family Ministries
*Doxology #123	"Spirit of Life"	
Poem	"Spinning" Naomi Shihab Nye	Asher Snedden & Nancy Duncan
Offertory	"The Gift of Love" Janet Linker	Joe O'Donnell, organ
Pastoral Concerns and Prayers		Danielle Garrett
Silent Meditation		
Poem	"Tio Pete" Naomi Shihab Nye	Rev. Disrud
Anthem	"The Pasture" Z. Randall Stroope	
Homily	"Join the Journey"	Rev. Miller
Closing Ritual	"A Basket for the Journey"	
*Hymn #1018	"Come and Go with Me"	
Benediction		
Postlude	"Sei Lob und Ehr dem hoechsten Gut Helmut Walcha"	Joe O'Donnell, organ

\*Congregation is invited to rise in body or in spirit.

# A Glimpse of Upcoming Gatherings

*Subscribe to our weekly "Front Steps"* for FULL church updates, links, events, and special information: *tinyurl.com/enews-signup*.

# Happening Sunday 9/8/2024

- Free Parking Every Sunday in the U-Park across the street until 4p. First come, first serve

- Childcare 6mo-3yrs: Location: A103 Nursery
- Social Hour: This Sunday we will be in Buchan Reception

- **New Folks!** Please join us right after the service // Gather at the "Welcome Circle" sign at the Sanctuary's front right corner

- UU the Vote: After the service // Buchan Reception

- Listening Circles: After the service at 11:45 // Eliot Chapel

- "T" Time: A Trans, Nonbinary, & Gender-Expansive, Exclusive Gathering: After the service // B-101

- Learning Community Open House: After the service // See Front Steps for details

- First Steps Class & Tour: 12 p.m. // Channing Room

# **Shower Project Needs**

Your donations of these specific items will make a big difference in the lives of those we serve. Thank you for your support!

- Cases of water
- New boxers or boxer briefs (M & L)
- Tents, blankets, and sleeping bags
- Used or new adult sweatshirts (M & L)
- Used or new jeans, belts, and shoes (all sizes)
- Disposable razors, preferably double-bladed
- Small containers of shaving cream
- Emory boards & nail clippers
- Granola bars
- Sugar packets for tea/coffee

Items can be left in the COHHO bins in Fuller Hall.

# Recurring Workshops, Classes & Open Gatherings

**Art Wall Exhibition:** Come down to Fuller Hall and enjoy a wide variety of art each month!

**Caregivers Support Group:** Open to Newcomers. Fourth Sunday of each month at 9a. via Zoom.

**First Steps:** First Sunday of most months @12:15 p. in Channing.

Friday Vesper Services: from 5 - 5:40p. via Zoom.

**Mental Health Caregivers Group:** Second Wednesdays every month via Zoom 7-8:30p. Email.

**"T" Time: A Trans, Nonbinary, & Gender-Expansive, Exclusive Gathering:** meet on the 2nd and 4th Sundays in Channing Room after the service.

**Alliance Presents...** Every first Wednesday of the month @10:30a. in Eliot Chapel.

**Labyrinth:** First Sundays of the month in Fuller Hall (beginning in October.)



Navigate to the Front Steps or Church Calendar for more information on gatherings: beacons.ai/firstupdx

Your donations support the work of this church. Thank you! Please feel free to add a note to direct your donation to a specific effort.

#### Need help locating a room?

Ask an usher with a red name tag! They'd be happy to help.

Your group still meeting during the summer? Contact communications@firstunitarianportland.org

### **Our Mission**

First Unitarian aims to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

### **Our Vision**

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever -deepening sense of spirit, diversity, & inclusion.

### **Shared Plate Plate**

For the month of September, we share the plate with our church's 13 Salmon Shower Project. In January of this year, we opened our doors for the 13 Salmon Shower Project. We aim to provide access to basic hygiene and respite needs, including a shower, restroom, clean clothes and a lunch in a safe and non-judgmental environment while building relationships with our unhoused neighbors.